

## **Novena Electoral Process Oct 2016**

### **Novena for abundant Grace, Courage and Discernment in our electoral process**

#### **October 2018**

Although this can be prayed at any time, we have set aside the nine days of Sunday, Oct 28 through Monday, Nov5, for its offering.

There are two options for participation

- In-group participation, 7 AM, at Lumen Christi Catholic Church, Daily Mass Chapel
- Virtual group participation, 7 PM, using this online guide. Although each person will be praying individually, we will send our prayers together

If you would like reminders sent to an email account, please contact Peggy Endres at [endresed@gmail.com](mailto:endresed@gmail.com)

#### **Notes on praying a novena**

##### **History**

The novena is a traditional form of Catholic prayer. After Jesus ascended to Heaven, Mary, the Apostles, and other devoted disciples prayed constantly for nine days until Pentecost Sunday. Catholics looked to this example and, from it, derived the practice of praying nine-day novenas.

##### **Reasons for a novena**

The Catholic Church urges followers not to undertake a novena casually or with regard to an unworthy cause, but to dedicate those nine days to deep spiritual devotion and piety.

A novena is *not* a magic spell. Praying a novena does not guarantee that a miracle will occur, and the mere words of your chosen novena do not hold any set power alone. It is the act of devotion you display by praying a novena that has spiritual significance.

When you pray your novena, say the prayers with faith in God and trust that God will give you the right answer in the right way. Do not pray a novena in the hopes of manipulating God into an answer.

##### **Novenas**

- Praise God. Novenas, like all prayers, are a means of praising God.
- Express. The novena structure provides a unique channel to express strong spiritual wants, needs, or sentiments.
- Connect. Novenas spoken as a Church family also keep the individual believer connected to the Christian community.