

Writing practice

April & May 2018

16th, 23rd, 30th, May 7th

Mondays 6:30pm – 8:00pm



four drop in sessions

*Offered through the Adult Faith Formation
Committee of LCCC free of charge
Lumen Christi Conference Room*

Facilitator: Mary Jo Robinson-Jamison

*One way to glimpse
the spiritual.*

“To pay attention, is our endless and proper work.” ----Mary Oliver

One way to get a glimpse of the spiritual is by taking time to practice writing down words about the unique spot we occupy in creation.

We listen to another person’s words written just a few minutes before. We hear our own freshly written words that hang in the air. Very often we surprise ourselves with a forgotten memory, find common ground with the others in the room, or, a few minutes, see the next day in a new light. (We also laugh a lot.)

What to Expect

- Timed Exercises that revolve around specific sensory details of ordinary experience.
- Discussion of the words of revered saints and contemporary thinkers. These have included: Thomas Merton, James Wright, Emerson, Peter Mayer and Saint Benedict.
- The chance to hear from others about what words resonated for them or at what point they began to pay attention.

➤ Ground rules

- a. Safe place to pause & reflect.
- b. Safe place to write something brand new.
- c. Safe place to read aloud. Mistakes and all.
- d. No cell phone use.

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Lumen Christi conference room
Begins April 16, 2018**

