

Families Moving Forward

Food Supply/Shopping

Thank you for helping the Families Moving Forward efforts at Lumen Christi. We are grateful for and look forward to your unique contributions. As a Food Supply Volunteer, you will be asked to bring various food and drink items.

___ You will receive a reminder phone call one week before you are to volunteer. At that time, you will be given options of what to bring and the day to deliver. At this time, you will need to decide the amount you wish to spend. The quantity of food you wish to supply is not important, that you are helping to support those in need is important.

___ You will be supplying our guests with a variety of items; from lunch supplies & evening snack to beverages for meals.

___ Please consider these basics:

<u>Food Items:</u>	<u>Paper/Plastic Items:</u>
• Wheat & white bread	• Plastic sandwich bags
• Cold meats & cheeses	• Paper lunch bags
• Peanut butter, honey, jelly	• Napkins
• Mayo, mustard, margarine	• Plastic spoons
• Salad dressings	
• Fresh Fruit, chips	
• Individual prepackaged meals	<u>Beverages:</u>
• Individually packaged assorted chips and salty snacks	• Milk (skim & 2%)
• yogurt	• Orange Juice

___ When you have been called, those items requested will need to be delivered to the Parish Center kitchen by the first Sunday night of our hosting week or as directed. The guests will be packing their first set of lunches immediately after dinner on that Sunday night (at 5:00 p.m.).

___ Please label & store the perishable items in the FMF refrigerator.

All non-perishable items can be stored in the bins labeled FMF, found in the rear corner of the kitchen.

___ Should you need a reimbursement for the items you've purchased, submit a receipt to FMF, c/o Lumen Christi Catholic Community and you will be paid for them.